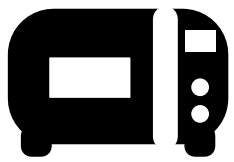


# BLUEBERRY OAT MUFFINS



## MICROWAVE

1. Take out of TMC Packaging
2. Reheat in 15-30 second intervals until desired temp



## STOVE

\*Not Recommended\*